

PERSONAL INFORMATION

**Dr. KOURLABA GEORGIA**



Nationality Hellenic

CURRENT POSITION

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-Assistant Professor of Research Methodology and Evidence-Based Nursing, Department of Nursing, University of Peloponnese, Tripoli, Greece

-Member of the Board of Directors, National Public Health Organization

-Member of the Experts Committee of Public Health, Ministry of Health, Greece

WORK EXPERIENCE

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December 2021-present

Assistant Professor of Research Methodology and Evidence-Based Nursing  
Department of Nursing, University of Peloponnese, Tripoli, Greece

February 2021-  
November 2021

Affiliated Academic Staff, at Healthcare-associated infections-epidemiology  
Medical School, National and Kapodistrian University of Athens, Athens, Greece

September 2015-  
December 2020

Managing Director/Associate Scientific Director  
Collaborative Center for Clinical Epidemiology and Outcomes Research (CLEO), Civil non-profit company

September 2012-  
September 2015

Research Associate - Biostatistician

Collaborative Center for Clinical Epidemiology and Outcomes Research (CLEO), Civil non-profit company

March 2010  
-February 2011

Research Associate - Biostatistician

Department of Epidemiology-Biostatistics, National School of Public Health, Athens, Greece.

September 2010-Present

Affiliated Academic Staff in Postgraduate Programs

Medical School, National and Kapodistrian University of Athens, Athens, Greece

March 2007-October 2012

Research Associate - Biostatistician

Department of Nutrition & Dietetics, Harokopio University of Athens, Greece.

EDUCATION AND TRAINING

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2006-2010

Ph.D in Nutritional Epidemiology-Biostatistics

Department of Nutrition Science - Dietetics. Harokopio University of Athens, Greece.

Topic: "Nutrition assessment through indices. Construction of a diet index that evaluates the adherence to the Mediterranean diet and the possibility of chronic disease development".

2003-2005

Post-graduate studies (MSc) in Biostatistics

Medical School and the Department of Mathematics, National and Kapodistrian University of Athens, Greece.

Degree: Excellent (9.08/10)

1999-2003

Undergraduate studies (BSc) at the Department of Nursing

National and Kapodistrian University of Athens, Greece.

Degree: 8.32/10

PUBLICATIONS

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**Total:** 155 articles in peer reviewed journals

**Citations:** ~ 4,700 (based on google scholar)

**h-Index:** 39 (based on google scholar)

Selected Publications

- Papadopoulou A, Karavalakis G, Papadopoulou E, et al. ARS-CoV-2-specific T cell therapy for severe COVID-19: a randomized phase 1/2 trial. *Nat Med* 2023 Aug;29(8):2019-2029.
- Magioug KS, Fragiadaki K, Charpidou A. Impact of biologic therapies on risk of adverse cardiovascular events in patients with Ankylosing Spondylitis or Psoriatic Arthritis: A systematic literature review. *ARP Rheumatol.* 2023 Jan-Mar;2(1):53-63. Epub 2023 Feb 21.
- Stefanou G, Gregoriou S, Kontodimas S, Sfaelos K, Vakirlis E, Kourlaba G. Prevalence of adult self-reported atopic dermatitis in Greece: results from a nationwide survey. *Eur J Dermatol* 2022 Sep 1;32(5):597-606.
- Koufoglou E, Kourlaba G, Michos A. Effect of prophylactic administration of antipyretics on the immune response to pneumococcal conjugate vaccines in children: a systematic review. *Pneumonia (Nathan)*, 2021 Apr 25;13(1):7.
- Melikoki V, Kourlaba G, Kanavaki I, Fessatou S, Papaevangelou V. Seroprevalence of Hepatitis C in Children Without Identifiable Risk-Factors: A Systematic Review and Meta-Analysis. *J Pediatr Gastroenterol Nutr* 2021 Jun 1;72(6)
- Kourlaba G, Kourkouni E, Maistreli S, et al. Willingness of Greek general population to get a COVID-19 vaccine. *Glob Health Res Policy.* 2021 Jan 29;6(1):3.
- Chorafa E, Iosifidis E, Tsiodras S, et al. Perioperative antimicrobial prophylaxis in adult patients: The first multicenter clinical practice audit with intervention in Greek surgical departments. *Infect Control Hosp Epidemiol.* 2021 Jun;42(6):702-709.

## Curriculum Vitae

- Syggelou A, Spyridis N, Benetatou K, et al. BCG Vaccine Protection against TB Infection among Children Older than 5 Years in Close Contact with an Infectious Adult TB Case. *J Clin Med*. 2020 Oct 8;9(10):3224.
- Maltezou PG, Kourlaba G, Kourkouni E, et al. Maternal type of CMV infection and sequelae in infants with congenital CMV: Systematic review and meta-analysis. *J Clin Virol*. 2020 Aug;129:104518.
- Dimopoulou D, Kourlaba G, Antoniadou A, et al. Low birth weight and head circumference as potential biomarkers of sensorineural hearing loss in asymptomatic congenitally CMV-infected infants. *J Clin Virol*. 2020 Aug;129:104471.
- Kakourou G, Kahraman S, Ekmekci GC, Tac HA, Kourlaba G, Kourkouni E, Sanz AC, Martin J, Malmgren H, Giménez C, Gold V, Carvalho F, Billi C, Chow JFC, Vendrell X, Kokkali G, Liss J, Steffann J, Traeger-Synodinos J. The clinical utility of PGD with HLA matching: a collaborative multi-centre ESHRE study. *Hum Reprod*. 2018 Feb 8. doi: 10.1093/humrep/dex384. [Epub ahead of print]
- Stafylas P, Farmakis D, Kourlaba G, Giamouzis G, Tsarouhas K, Maniadakis N, Parissis J. The heart failure pandemic: The clinical and economic burden in Greece. *Int J Cardiol*. 2017 Jan 15;227:923-929. Epub 2016 Oct 17.
- Kourlaba G, Hillas G, Vassilakopoulos T, Maniadakis N. The disease burden of chronic obstructive pulmonary disease in Greece. *Int J Chron Obstruct Pulmon Dis*. 2016 Sep 9;11:2179-2189. eCollection 2016.
- Kourlaba G, Gialama F, Tsioufis K, Maniadakis N. A literature review to evaluate the clinical and economic value of olmesartan for the treatment of hypertensive patients. *Int J Cardiol*. 2016 Jun 24;221:60-74.
- Kourlaba G, Gkrania-Klotsas E, Kourkouni E, Mavrogeorgos G, Zaoutis TE. Antibiotic prescribing and expenditures in outpatient adults in Greece, 2010 to 2013: evidence from real-world practice. *Euro Surveill*. 2016 Jun 30;21(26).
- Kourlaba G, Relakis J, Kontodimas S, Holm M.V., Maniadakis N. A systematic review and meta-analysis for the epidemiology and burden of venous thromboembolism in pregnant women. *Int J Gynaecol Obstet*. 2016 Jan;132(1):4-10.
- Kourlaba G, Kourkouni E, Spyridis N, Gerber JS, Kopsidas J, Mougkou K, Lourida A, Zaoutis TE. Antibiotic prescribing and expenditures in outpatient paediatrics in Greece, 2010-13. *J Antimicrob Chemother*. 2015, Aug;70(8):2405-8
- Kourlaba G, Dimopoulos MA, Pectasides D, Skarlos DV, Gogas H, Pentheroudakis G, Koutras A, Fountzilias G, Maniadakis N. Comparison of filgrastim and pegfilgrastim to prevent neutropenia and maintain dose intensity of adjuvant chemotherapy in patients with breast cancer. *Support Care Cancer*. 2015 Jul;23(7):2045-51.
- Dreesen J, Destouni A, Kourlaba G, Degn B, Mette WC, Carvalho F, Moutou C, Sengupta S, Dhanjal S, Renwick P, Davies S, Kanavakis E, Harton G, Traeger-Synodinos J. Evaluation of PCR-based preimplantation genetic diagnosis applied to monogenic diseases: a collaborative ESHRE PGD consortium study. *Eur J Hum Genet*. 2014 Aug;22(8):1012-8
- Maniadakis N., Kourlaba G., Cokkinos D., Angeli A., Kyriopoulos J. The Economic Burden of Atherothrombosis in Greece: Results from the THESIS study. *Eur J Health Econ* 2013; 14(4):655-65

## Curriculum Vitae

- Fanourgjakis J, Simantirakis E, Maniadakis N, Kourlaba G, Kanoupakis E, Chrysostomakis S, Vardas P. Cost-of-illness study of patients subjected to cardiac rhythm management devices implantation: results from a single tertiary centre. *Europace*. 2013 Mar;15(3):366-75.
- Simou E, Tsimitselis D, Tsopanlioti M, Anastasakis I, Papatheodorou D, Kourlaba G, Gerasimos P, Maniadakis N. Early evaluation of an organised mammography screening program in Greece 2004-2009. *Cancer Epidemiol*. 2011 Aug;35(4):375-80.
- Simou E, Foundoulakis E, Kourlaba G, Maniadakis N. Factors associated with the use of preventive services by women in Greece. *Eur J Public Health*. 2011 Aug;21(4):512-9.
- Kourlaba G and Panagiotakos DB. The diagnostic accuracy of a composite index increases as the number of partitions of the components increases and when specific weights are assigned to each component. *J Appl Stat* 2010; 37: 537-554
- Manios Y., Kourlaba G., Grammatikaki E., Androutsos O., Ioannou E., Roma-Giannikou E. Comparison of two methods for identifying dietary patterns associated with obesity in preschool children; The GENESIS study. *Eur J Clin Nutr* 2010; 64(12):1407-1414
- Kourlaba G and Panagiotakos DB. The number of index components affects the diagnostic accuracy of a diet quality index: The role of intra- and inter-correlation structure of the components. *Ann Epidemiol* 2009; 19(10):692-700
- Kourlaba G, Pitsiladis YP, Lagou V, Grammatikaki E, Moran CN, Kondaki K, Roma-Giannikou E, Manios Y. Interaction effect between total energy and macronutrient intakes and ACE I/D polymorphism on adiposity-related phenotypes in toddlers and preschoolers. The GENESIS study. *Br J Nutr* 2008;100(6):1333-1040.
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